

ARTHUR C. BROOKS

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EDUCATION

PhD (Public Policy Analysis), The Pardee RAND Graduate School, 1998
MPhil (Public Policy Analysis), The Pardee RAND Graduate School, 1997
MA (Economics), Florida Atlantic University, 1994
BA (Economics), Thomas Edison State University, 1994

PROFESSIONAL POSTS

2019-present: Harvard University; Cambridge, MA
Parker Gilbert Montgomery Professor of the Practice of Public and Nonprofit Leadership,
Harvard Kennedy School
Professor of Management Practice and Faculty Fellow, Harvard Business School
Founder, Leadership & Happiness Laboratory (HKS)

Secondary affiliations and visiting positions

2019-present: President Emeritus, American Enterprise Institute
2020-present: Affiliate Scientist, Lee Kum Sheung Center for Health and Happiness, Harvard
T.H. Chan School of Public Health
2021-present: Faculty Affiliate, Ash Center for Democratic Governance and Innovation,
Harvard Kennedy School
2023-present: Faculty Affiliate, Bloomberg Center for Cities, Harvard Kennedy School

Columnist positions

2020-present: Creator, "How to Build a Life" column, The Atlantic
2019-2020: Columnist, The Washington Post
2014-2018: Contributing Opinion Writer, The New York Times

2009-2019: The American Enterprise Institute; Washington, DC
President
Beth and Ravenel Curry Chair in Free Enterprise

2001-2008: Syracuse University; Syracuse, NY
The Maxwell School of Citizenship and Public Affairs
Martin J. Whitman School of Management
Louis A. Bantle Professor of Business and Government Policy (2007-2008)
Professor of Public Administration (2006-2008)
Director, Nonprofit Studies Program (2003-2007)

Associate Professor of Public Administration (2001-2005)

1998-2001: Georgia State University; Atlanta, GA
Assistant Professor of Public Administration & Economics

1996-1998: The RAND Corporation; Santa Monica, CA
Doctoral Fellow

1992-1995: Harid Conservatory of Music; Boca Raton, FL
French horn Instructor/Department Chair

1989-1992: City Orchestra of Barcelona (*Orquestra Ciutat de Barcelona*); Barcelona, Spain
Associate Principal French Horn

1983-1989: Annapolis Brass Quintet; Baltimore, MD
French Hornist

HIGHLIGHTS OF SCHOLARLY & CREATIVE WORK

- 3,000 public lectures and speeches delivered, 2009-2024
- 13 books, including 5 national bestsellers (2 #1 New York Times bestsellers) and 1 textbook
- 60+ peer-reviewed academic articles and chapters
- 400+ columns and feature essays
- Host of the podcasts “How to Build a Happy Life,” Atlantic Media (2021-2023), “The Art of Happiness with Arthur Brooks,” Ricochet (2020-2021), “The Arthur Brooks Show,” Vox Media (2018-2019)

MANAGEMENT HIGHLIGHTS

- Chief executive of AEI from January 2009—June 2019
- Restructured AEI’s research programs, management, fundraising, and communications
- AEI’s annual program revenues +185% (\$20m-\$57m) from 2009-2019
- \$100m capital campaign successfully completed, 2014-2016
- \$125m headquarters purchase & renovation successfully completed (1789 Massachusetts Avenue) with zero debt

RECENT AWARDS AND DISTINCTIONS

- Honorary doctorates: Divine Mercy University (2025), Providence College (2024), Catholic University of America (2023), Saint Thomas Aquinas College (2020), Brigham Young University (2019), Claremont McKenna College (2019), Hampden-Sydney College (2018), Jacksonville University (2018), Ave Maria University (2015), Thomas Edison State College (2013).
- Pioneer Award, Positive Psychology Center, University of Pennsylvania, 2022.
- Irving Kristol Award, American Enterprise Institute, 2022.
- National Peacemaker Award, National Conflict Resolution Center, 2020
- Distinguished Alumni Award, Florida Atlantic University College of Business, 2019.
- G.S. Beckwith Gilbert ’63 Fellow, Princeton University, 2018.

- Distinguished Alumni Award, Pardee Rand Graduate School, 2016.
- FORTUNE Magazine, 50 World's Greatest Leaders, 2016.

See appendix for full list of books, academic articles, columns, editorial board assignments, service, and older awards

APPENDIX

FULL PUBLICATION LIST

Books

1. **Brooks, Arthur C. and Oprah Winfrey (2023). *Build the Life You Want: The Art and Science of Getting Happier*. New York: Portfolio/Penguin RandomHouse.**
 - #1 New York Times bestseller.
 - UK/Australia/New Zealand/India edition: Ebury/Penguin. Editions in Spanish, Portuguese (Brazil), Polish, Romanian, Greek, Latvian, Lithuanian, Ukrainian, Serbian, Chinese (Taiwan), French, Italian, Estonian, Hungarian, Portuguese (Portugal), Croatia, South Korea, Chinese (mainland), Slovak, Arabic, Hebrew, Albanian, Vietnamese, Thai, Hindi, Marathi, Macedonian, Azerbaijani, Japanese.
2. **Brooks, Arthur C. (2022). *From Strength to Strength: Finding Success, Happiness, and Deep Purpose in the Second Half of Life*. New York: Portfolio/Penguin RandomHouse.**
 - #1 New York Times bestseller.
 - Selected as Amazon's 2022 Best Business Book of the Year.
 - Selected as a Wall Street Journal 12 Best Self-Help Books to Read in 2022.
 - UK edition: Bloomsbury. Editions in Spanish, Korean, Portuguese, Hungarian, Chinese, Slovenian, Slovakian, Arabic, Lithuanian, Bulgarian, Japanese, Hebrew, Catalan, German, Polish, Italian, Dutch, Vietnamese.
3. Brooks, Arthur C. (2019). *Love Your Enemies: How Decent People Can Save America from the Culture of Contempt*. New York: Broadside/HarperCollins. National bestseller. Spanish edition with Editorial Elba, *Amad a vuestros enemigos*, 2020. Selected among Politico's "Top Books of 2019."
4. Brooks, Arthur C. (Hardback edition 2015, Paperback edition 2017). *The Conservative Heart: How to Build a Fairer, Happier, and More Prosperous America*. New York: Broadside/HarperCollins. New York Times bestseller.
5. Brooks, Arthur C. (2012). *The Road to Freedom: How to Win the Fight for Free Enterprise*. New York: Basic Books. New York Times bestseller. Winner of CNBC's Blue Chip Book Award. Included in Politico's "Top Books of 2012."
6. Brooks, Arthur C. (2010). *The Battle: How the Fight Between Free Enterprise and Big Government Will Shape America's Future*. New York: Basic Books. Translated into Spanish and Chinese. WORLD Magazine's Book of the Year, 2010.
7. Wehner, Peter and Arthur C. Brooks (2010). *Wealth and Justice: The Morality of Democratic Capitalism*. Lanham, MD: Rowman & Littlefield.
8. Brooks, Arthur C. (2008). *Gross National Happiness: Why Happiness Matters for America—and How We Can Get More of It*. New York: Basic Books.
9. Brooks, Arthur C. (2008). *Social Entrepreneurship: A Modern Approach to Social Value Creation*. Upper Saddle River, NJ: Prentice-Hall. Editions also in Chinese, Korean, and Greek.
10. Brooks, Arthur C. (2006). *Who Really Cares: The Surprising Truth About Compassionate Conservatism*. New York: Basic Books. Edition also in Chinese.
11. Brooks, Arthur C., Editor (2005). *Gifts of Time and Money: The Role of Charity in America's Communities*. Lanham, MD: Rowman & Littlefield.
12. McCarthy, Kevin F, Elizabeth H. Ondaatje, Arthur C. Brooks, and Andras Szanto (2005). *A Portrait of the Visual Arts: Meeting the Challenges of a New Era*. Santa Monica, CA: Rand.
13. McCarthy, Kevin F, Elizabeth H. Ondaatje, Laura Zakaras, and Arthur C. Brooks (2005) *Gifts of the Muse: Reframing the Debate about the Benefits of the Arts*. Santa Monica, CA: Rand.
14. McCarthy, Kevin F, Arthur C. Brooks, Julia Lowell, and Laura Zakaras (2001). *The Performing Arts in a New Era*. Santa Monica, CA: RAND.

Peer-reviewed papers and chapters

1. Brooks, Arthur C. (2024). "America's Crisis of Civic Virtue." *Journal of Democracy* 35(2): 23-39.
2. VanderWeele, Tyler J., and Arthur C. Brooks (2020). "A Public Health Approach to Negative News Media: The 3-to-1 Solution." *American Journal of Health Promotion*.
3. Brooks, Arthur C. (2018). "How Did the Great Recession Affect Charitable Giving?" *Public Finance Review* 64(5): 715-742.
4. Brooks, Arthur C. (2010). "What Do Markets Need?" *Faith & Economics* 55(Spring): 11-18.
5. Brooks, Arthur C. (2009). "Volunteerism." In Cross, Gary, Robert Maddox, and William Pencak (Eds.) *Dictionary of American History*, Dynamic Reference. New York: Scribner.
6. Brooks, Arthur C. (2008). "Philanthropy and the Nonprofit Sector." In Schuck, Peter and James Q. Wilson (Eds.) *Understanding America*. New York: Public Affairs, 2008, pp. 539-562.
7. Brooks, Arthur C. (2007). "Does Giving Make Us Prosperous?" *Journal of Economics and Finance* 31(3): 403-411.
8. Brooks, Arthur C. (2007). "Income Tax Policy and Charitable Giving." *Journal of Policy Analysis and Management* 26(3): 599-612.
9. Brooks, Arthur C., and Jan I. Ondrich (2007). "Quality, Service Level, or Empire: Which is the Objective of the Nonprofit Arts Manager?" *Journal of Cultural Economics* 31: 129-142.
10. Brooks, Arthur C. (2007). "The Public Value of Controversial Art: The Case of the Sensation Exhibit." In C. David Throsby and Michael Hutter (Eds.). *Beyond Price: Value in Culture, Economics, and the Arts*. New York: Cambridge University Press, pp. 270-282.
11. Brooks, Arthur C. (2006). "Efficient Nonprofits?" *Policy Studies Journal* 34(3): 303-311.
12. Brooks, Arthur C., and Jan I. Ondrich (2006). "How Public Is Public Television?" *Public Finance Review* 34(1): 101-113.
13. Brooks, Arthur C. (2006). "Nonprofit Performing Arts Firms." In Ginsburgh, Victor, and C. David Throsby (Eds.). *The Handbook on the Economics of Art and Culture*. North Holland Handbooks in Economics. Amsterdam: Elsevier Science, pp. 473-506.
14. Rushton, Michael, and Arthur C. Brooks (2006). "Government Funding of Nonprofit Organizations." In Dennis R. Young (Editor). *An Integrated Theory of Nonprofit Finance*. Lanham, MD: Lexington Books.
15. Louie, Alison, and Arthur C. Brooks (2006). "Engaging Business with Nonprofits" In Young, Dennis R. (Ed.). *Wise Decision-making in Uncertain Times: Using Nonprofit Resources Effectively*. Washington, DC: The Foundation Center, pp. 191-204.
16. Brooks, Arthur C. (2005). "What Do Nonprofit Organizations Seek? (And Why Should Policymakers Care?)" *Journal of Policy Analysis and Management* 24(3): 543-558.
17. Brooks, Arthur C. (2005). "Does Social Capital Make You Generous?" *Social Science Quarterly* 86(1): 1-15.
18. Lewis, Gregory B. and Arthur C. Brooks (2005). "A Question of Morality: Artists' Values and Public Funding for the Arts." *Public Administration Review* 65(1): 8-17.
19. Van Slyke, David M., and Arthur C. Brooks (2005). "Why Do People Give? New Evidence and Strategies for Nonprofit Managers" *American Review of Public Administration* 35(3): 199-222.
20. Brooks, Arthur C. (2005). "Philanthropy Vs. National Security: Should CARE Criticize the Military?" In Franke, Volker C. (Eds.). *Terrorism and Peacekeeping: New Security Challenges*. Westport, Conn.: Praeger, pp. 196-211.
21. Brooks, Arthur C. (Fall 2004). "Compassion, Religion, and Politics." *The Public Interest* 157: 57-66.
22. Brooks, Arthur C. (2004). "The Effects of Public Policy on Private Charity." *Administration & Society* 36(2): 166-185.
23. Brooks, Arthur C. (2004). "In Search of True Public Arts Support." *Public Budgeting & Finance* 24(2): 88-100.
24. McClelland, Robert, and Arthur C. Brooks (2004). "Comparing Theory and Evidence on the Relationship Between Income and Charitable Giving." *Public Finance Review* 32(5): 483-497.
25. Brooks, Arthur C. (2004). "Do People Really Care About the Arts for Future Generations?" *Journal of Cultural Economics* 28:275-284.
26. Brooks, Arthur C. (2004). "Evaluating the Effectiveness of Nonprofit Fundraising." *Policy Studies Journal* 32(3): 363-374.
27. Brooks, Arthur C. (2004). "What Do 'Don't Know' Responses Really Mean in Giving Surveys?" *Nonprofit and Voluntary Sector Quarterly* 33(3) 423-434.
28. Brooks, Arthur C. (2004). "Faith, Secularism, and Charity." *Faith and Economics* 43: 1-8.
29. Brooks, Arthur C. (2004). "Valoración Contingente y la Maldición del Ganador en las Subastas de Arte en Internet." *Revista Asturiana de Economía (Spain)* 29: 17-32.
30. Brooks, Arthur C. (2004). "What Is Art Really Worth?" *Journal of Arts Management, Law, and Society* 34(3): 163-165.
31. Brooks, Arthur C. (2003). "Religious Faith and Charitable Giving" *Policy Review* 121: 39-50 (October/November).

32. Brooks, Arthur C. (2003). "Taxes, Subsidies, and Listeners Like You: Public Policy and Contributions to Public Radio." *Public Administration Review* 63(5): 554-561.
33. Brooks, Arthur C. (2003). "Do Government Subsidies to Nonprofits Crowd Out Donations or Donors?" *Public Finance Review* 31(2): 166-179.
34. Brooks, Arthur C. (2003). "Public Goods and Posterity: An Empirical Test of Intergenerational Altruism." *Journal of Public Administration Research and Theory* 13(2): 165-176.
35. Brooks, Arthur C. (2003). "Charitable Giving to Humanitarian Organizations in Spain." *Hacienda Pública Española/Revista de Economía Pública (Spanish Journal of Public Economics)* 165-(2/2003): 9-24.
36. Brooks, Arthur C. (2003). "Public Opinion and the Role of Government Arts Funding in Spain." *Journal of Comparative Policy Analysis: Research and Practice* 5(1): 29-38.
37. Brooks, Arthur C. (2003). "Charity, Christianity, and the Poor: An Outsider's View of the Pew Christian Scholars Program." *Faith & Economics* 41(1): 22-26.
38. Brooks, Arthur C. (2003). "The Changing Role of Arts Intermediaries: Introduction." *Journal of Arts Management, Law, and Society* 33(2): 83-84.
39. Brooks, Arthur C. (2003), Book review essay: "Challenges and Opportunities Facing Nonprofit Organizations" *Public Administration Review* 63(4): 503-506.
40. Brooks, Arthur C. (2002). "Charitable Giving in Transition Economies: Evidence from Russia." *National Tax Journal* 55(4): 743-754.
41. Brooks, Arthur C. (2002). "Welfare Receipt and Private Charity." *Public Budgeting and Finance* 22(3): 100-113.
42. Brooks, Arthur C. (2002). "Can Nonprofit Management Help Answer Public Management's 'Big Questions'?" *Public Administration Review* 62(3): 259-265.
43. Brooks, Arthur C. and Gregory B. Lewis (2002). "Enhancing Policy Models with Exploratory Analysis." *Journal of Public Administration Research and Theory* 12(1): 129-136.
44. Brooks, Arthur C. (2002). "Artists as Amateurs and Volunteers." *Nonprofit Management & Leadership* 13(1): 5-16.
45. Brooks, Arthur C. (2002). "Does Civil Society Stop the Downward Spiral of Bad Government, or Speed it Up?" *Nonprofit and Voluntary Sector Quarterly* 31(1): 139-143.
46. Brooks, Arthur C. and Roland J. Kushner (2002). "What Makes an Arts Capital? Quantifying a City's Cultural Environment." *International Journal of Arts Management* 5(1): 12-23.
47. Myers, David E. and Arthur C. Brooks (2002). "Policy Issues Connecting Music Education and Arts Education." In Colwell, Richard J. and Carol P. Richardson (Eds.). *The New Handbook of Research on Music Teaching and Learning*. New York: Oxford Univ. Press., pp. 909-930.
48. Brooks, Arthur C. (2002). "Contingent Valuation and the Winner's Curse in Internet Art Auctions." In Mossetto, Gianfranco, and Marilena Vecco (Eds.). *Economics of Art Auctions*. Milan, Italy: FrancoAngeli: 153-170.
49. Brooks, Arthur C. (2002). Book Review: Albino Barrera, *Modern Catholic Social Documents & Political Economy*. Washington, DC: Georgetown University Press. In *Faith & Economics* 40: 36-37.
50. Brooks, Arthur C. and Gregory B. Lewis (2001). "Giving, Volunteering, and Mistrusting Government." *Journal of Policy Analysis and Management* 20(4): 765-770.
51. Brooks, Arthur C. (2001). "Who Opposes Government Arts Funding?" *Public Choice* 108(3/4): 355-367.
52. Brooks, Arthur C., and Roland J. Kushner (2001). "Cultural Districts and Urban Development." *International Journal of Arts Management* 3(2): 4-15.
53. Brooks, Arthur C. (2000). "Public Subsidies and Private Giving: Crowding Out, Crowding In, or Both?" *Journal of Policy Analysis and Management* 19(3): 451-464.
54. Brooks, Arthur C. (2000). "Is There a Dark Side to Government Support for Nonprofits?" *Public Administration Review* 60(3): 211-218.
55. Brooks, Arthur C. (2000). "Genetic Algorithms and Public Economics." *Journal of Public Economic Theory* 2(4): 493-513.
56. Brooks, Arthur C. (2000). "The Use and Misuse of Adjusted Performance Measures" *Journal of Policy Analysis and Management* 19(2): 323-328.
57. Brooks, Arthur C. (2000). "The 'Income Gap' and the Health of Arts Nonprofits: Arguments, Evidence, and Strategies" *Nonprofit Management & Leadership* 10(3): 271-286.
58. Kushner, Roland J., and Arthur C. Brooks. (2000). "The One-Man Band by the Quick Lunch Stand: Modeling Audience Response to Street Performance." *Journal of Cultural Economics* 24(1): 65-77.
59. Brooks, Arthur C. (2000). Book Review: Andrew L. Pincus, *Tanglewood: The Clash Between Tradition and Change*. Boston: Northeastern Univ. Press. In the *Journal of Cultural Economics*.
60. Brooks, Arthur C. (1999). "Do Public Subsidies Leverage Private Philanthropy for the Arts? Empirical Evidence on Symphony Orchestras." *Nonprofit and Voluntary Sector Quarterly* 28(1): 32-45.
61. Brooks, Arthur, Steve Bankes, and Bart Bennett (1999). "An Application of Exploratory Analysis: The Weapon Mix Problem." *Military Operations Research* 4(1): 67-80.

62. Brooks, Arthur C. (1997). "Toward a Demand-Side Cure for Cost Disease in the Performing Arts." *Journal of Economic Issues* 31(1): 197-207.
63. Brooks, Arthur C. (1997). "A Note on the Performing Arts: Counterpoint." *Journal of Economic Issues* 31(4): 1060-1061.
64. Brooks, Arthur C. (1996). "The Price of a Free Concert." *Empirical Studies of the Arts* 14(1): 79-87.

"How to Build a Life" column, *The Atlantic*

- Brooks, Arthur C. (September 26, 2024). "How to stop self-obsessing and be happier" *The Atlantic*.
- Brooks, Arthur C. (September 19, 2024). "How to speak truth without fear" *The Atlantic*.
- Brooks, Arthur C. (September 12, 2024). "What John Stuart Mill knew about happiness" *The Atlantic*.
- Brooks, Arthur C. (September 5, 2024). "How to be manifestly happier" *The Atlantic*.
- Brooks, Arthur C. (August 29, 2024). "How to influence people—and make friends" *The Atlantic*.
- Brooks, Arthur C. (August 22, 2024). "The ultimate happiness diet" *The Atlantic*.
- Brooks, Arthur C. (August 15, 2024). "A compliment that really means something" *The Atlantic*.
- Brooks, Arthur C. (August 8, 2024). "The best therapy for our anxiety epidemic" *The Atlantic*.
- Brooks, Arthur C. (August 1, 2024). "Why you shouldn't follow the crowd" *The Atlantic*.
- Brooks, Arthur C. (July 25, 2024). "Fyodor Dostoevsky's Formula for Personal Freedom" *The Atlantic*.
- Brooks, Arthur C. (July 18, 2024). "Why you should trust your gut" *The Atlantic*.
- Brooks, Arthur C. (July 11, 2024). "Why you should want to be alone" *The Atlantic*.
- Brooks, Arthur C. (July 4, 2024). "Declare your independence—from misery" *The Atlantic*.
- Brooks, Arthur C. (June 27, 2024). "The Tchaikovsky cure for worry" *The Atlantic*.
- Brooks, Arthur C. (June 20, 2024). "An Emersonian Guide to Taking Control of Your Life" *The Atlantic*.
- Brooks, Arthur C. (June 13, 2024). "How to Take—And Give—Criticism Well" *The Atlantic*.
- Brooks, Arthur C. (June 6, 2024). "You're not perfect" *The Atlantic*.
- Brooks, Arthur C. (May 30, 2024). "Why it's nice to know you" *The Atlantic*.
- Brooks, Arthur C. (May 23, 2024). "What the monastic mystics got right about life" *The Atlantic*.
- Brooks, Arthur C. (May 16, 2024). "How to Be Your Best Despite the Passing Years" *The Atlantic*.
- Brooks, Arthur C. (May 9, 2024). "What you need to know about making a good impression" *The Atlantic*.
- Brooks, Arthur C. (May 2, 2024). "Why a bit of restraint can do you a lot of good" *The Atlantic*.
- Brooks, Arthur C. (April 25, 2024). "How to find your faith" *The Atlantic*.
- Brooks, Arthur C. (April 18, 2024). "How to be less busy and more happy" *The Atlantic*.
- Brooks, Arthur C. (April 11, 2024). "Jung's five pillars of a good life" *The Atlantic*.
- Brooks, Arthur C. (April 4, 2024). "The One Big Thing You Can Do for Your Kids" *The Atlantic*.
- Brooks, Arthur C. (March 28, 2024). "How not to be bored when you have to wait" *The Atlantic*.
- Brooks, Arthur C. (March 21, 2024). "Whatever You Do, Don't Do the Silent Treatment" *The Atlantic*.
- Brooks, Arthur C. (March 14, 2024). "Don't let your disgust be manipulated" *The Atlantic*.
- Brooks, Arthur C. (March 7, 2024). "Five Teachings of the Dalai Lama I Try to Live By" *The Atlantic*.
- Brooks, Arthur C. (February 29, 2024). "Overwhelmed? Just Say 'No.'" *The Atlantic*.
- Brooks, Arthur C. (February 22, 2024). "The happy way to drop your grievances" *The Atlantic*.
- Brooks, Arthur C. (February 14, 2024). "What to Do If the Course of True Love Is Not Running Smoothly" *The Atlantic*.
- Brooks, Arthur C. (February 8, 2024). "Schopenhauer's advice on how to achieve great things" *The Atlantic*.
- Brooks, Arthur C. (February 1, 2024). "Why you're better off not borrowing" *The Atlantic*.
- Brooks, Arthur C. (January 25, 2024). "Think twice before taking the top job" *The Atlantic*.
- Brooks, Arthur C. (January 18, 2024). "How to spot a frenemy—and a real friend" *The Atlantic*.
- Brooks, Arthur C. (January 11, 2024). "Kierkegaard's Three Ways to Live More Fully" *The Atlantic*.
- Brooks, Arthur C. (January 4, 2024). "How to worry less and be happier" *The Atlantic*.
- Brooks, Arthur C. (December 28, 2023). "How to be happy growing older" *The Atlantic*.
- Brooks, Arthur C. (December 21, 2023). "A happy Christmas meditation" *The Atlantic*.
- Brooks, Arthur C. (December 14, 2023). "You might want to toss out your trophies" *The Atlantic*.
- Brooks, Arthur C. (December 7, 2023). "Harness the Power of Suggestion for Your Happiness" *The Atlantic*.
- Brooks, Arthur C. (November 30, 2023). "Three ways to tell if research is bunk" *The Atlantic*.
- Brooks, Arthur C. (November 23, 2023). "Four ways to be grateful—and happier" *The Atlantic*.
- Brooks, Arthur C. (November 16, 2023). "Why you maybe shouldn't write a memoir" *The Atlantic*.
- Brooks, Arthur C. (November 9, 2023). "Sleep more and be happier" *The Atlantic*.
- Brooks, Arthur C. (November 2, 2023). "Three paths toward the meaning of life" *The Atlantic*.
- Brooks, Arthur C. (October 26, 2023). "I love candy. But does it make me happy?" *The Atlantic*.
- Brooks, Arthur C. (October 19, 2023). "The sociopaths among us—and how to avoid them." *The Atlantic*.

Brooks, Arthur C. (October 12, 2023). "Why the most successful marriages are startups, not mergers." The Atlantic.

Brooks, Arthur C. (October 5, 2023). "The red pill of humility." The Atlantic.

Brooks, Arthur C. (September 28, 2023). "Eight Ways to Banish Misery." The Atlantic.

Brooks, Arthur C. (September 21, 2023). "Feeling Burned Out? Here's What to Do." The Atlantic.

Brooks, Arthur C. (September 12, 2023). "Three Myths and Four Truths About How to Get Happier." The Atlantic.

Brooks, Arthur C. (September 7, 2023). "A knockout technique for achieving more happiness." The Atlantic.

Brooks, Arthur C. (August 31, 2023). "How to pick the right sort of vacation for *you*." The Atlantic.

Brooks, Arthur C. (August 24, 2023). "Talk to a stranger and be happier." The Atlantic.

Brooks, Arthur C. (August 17, 2023). "How to apologize like a pro." The Atlantic.

Brooks, Arthur C. (August 10, 2023). "Aristotle's 10 rules for a good life." The Atlantic.

Brooks, Arthur C. (August 3, 2023). "To get happier, choose to read this column." The Atlantic.

Brooks, Arthur C. (July 27, 2023). "How to have your most fulfilling vacation ever." The Atlantic.

Brooks, Arthur C. (July 20, 2023). "Being anxious or sad does not make you mentally ill." The Atlantic.

Brooks, Arthur C. (July 13, 2023). "Four ways to make grief more bearable." The Atlantic.

Brooks, Arthur C. (July 6, 2023). "Google isn't grad school." The Atlantic.

Brooks, Arthur C. (June 29, 2023). "The triumph of coming in third." The Atlantic.

Brooks, Arthur C. (June 22, 2023). "The happy art of grandparenting." The Atlantic.

Brooks, Arthur C. (June 15, 2023). "The path to happiness is narrow but easy." The Atlantic.

Brooks, Arthur C. (June 8, 2023). "The happiest way to change jobs." The Atlantic.

Brooks, Arthur C. (June 1, 2023). "Don't avoid romance." The Atlantic.

Brooks, Arthur C. (May 25, 2023). "Think about your death and live better." The Atlantic.

Brooks, Arthur C. (May 18, 2023). "The only career advice you'll ever need." The Atlantic.

Brooks, Arthur C. (May 11, 2023). "Choose the activism that won't make you miserable." The Atlantic.

Brooks, Arthur C. (May 4, 2023). "What Rainn Wilson knows about God." The Atlantic.

Brooks, Arthur C. (April 27, 2023). "Make yourself happy: Be kind." The Atlantic.

Brooks, Arthur C. (April 20, 2023). "A crucial character trait for happiness." The Atlantic.

Brooks, Arthur C. (April 13, 2023). "The not-so-secret key to emotional balance." The Atlantic.

Brooks, Arthur C. (April 6, 2023). "Parasocial relationships are just imaginary friends for adults." The Atlantic.

Brooks, Arthur C. (March 30, 2023). "There's exactly one good reason to buy a house." The Atlantic.

Brooks, Arthur C. (March 23, 2023). "How smart people can stop being miserable." The Atlantic.

Brooks, Arthur C. (March 16, 2023). "Make a To-Don't List." The Atlantic.

Brooks, Arthur C. (March 9, 2023). "Nostalgia is a shield against unhappiness." The Atlantic.

Brooks, Arthur C. (March 2, 2023). "How to find joy in your sisyphian existence." The Atlantic.

Brooks, Arthur C. (February 23, 2023). "Happiness is a warm coffee." The Atlantic.

Brooks, Arthur C. (February 14, 2023). "An old romantic custom we should bring back." The Atlantic.

Brooks, Arthur C. (February 2, 2023). "The hidden link between workaholicism and mental health." The Atlantic.

Brooks, Arthur C. (January 19, 2023). "Nothing drains you like mixed emotions." The Atlantic.

Brooks, Arthur C. (January 5, 2023). "How we learned to be lonely." The Atlantic.

Brooks, Arthur C. (December 22, 2022). "How to make the most of bad gifts." The Atlantic.

Brooks, Arthur C. (December 8, 2022). "Breakups Always Hurt, but You Can Shorten the Suffering." The Atlantic.

Brooks, Arthur C. (November 24, 2022). "Does overindulgence make you happy?" The Atlantic.

Brooks, Arthur C. (November 17, 2022). "Meetings are miserable." The Atlantic.

Brooks, Arthur C. (November 10, 2022). "Marriage is a team sport." The Atlantic.

Brooks, Arthur C. (November 3, 2022). "How to love people who love conspiracies." The Atlantic.

Brooks, Arthur C. (October 27, 2022). "How to make life more transcendent." The Atlantic.

Brooks, Arthur C. (October 20, 2022). "Envy, the happiness killer." The Atlantic.

Brooks, Arthur C. (October 13, 2022). "If you want success, pursue happiness." The Atlantic.

Brooks, Arthur C. (October 6, 2022). "Why we do things we know we'll regret." The Atlantic.

Brooks, Arthur C. (September 29, 2022). "Technology can make your relationships shallower." The Atlantic.

Brooks, Arthur C. (September 22, 2022). "Don't objectify yourself." The Atlantic.

Brooks, Arthur C. (September 15, 2022). "11 Ancient Solutions for Modern Malaise." The Atlantic.

Brooks, Arthur C. (September 8, 2022). "What's missing from empathy." The Atlantic.

Brooks, Arthur C. (September 1, 2022). "Don't Teach Your Kids to Fear the World." The Atlantic.

Brooks, Arthur C. (August 25, 2022). "A shortcut for feeling just a little happier." The Atlantic.

Brooks, Arthur C. (August 18, 2022). "Honesty is love." The Atlantic.

Brooks, Arthur C. (August 11, 2022). "To get out of your head, get out of your house." The Atlantic.

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Judith Greenberg Seinfeld Distinguished Fellow, Syracuse University, 2005.
Daniel Patrick Moynihan Award for outstanding teaching, research and service, The Maxwell School, 2003.
Birkhead-Burkhead Teaching Excellence Award and Professorship, Public Administration Department, Maxwell School at Syracuse University, 2003.
Richard H. Barchi Prize for best paper of the year in military operations research, Military Operations Research Society, 1997.